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Beta

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/ Baby Lettuce

Variety: Baby Lettuce

Variety Overview

Characteristics



Variety Overview

Baby lettuce categorizes a wide range of varieties, including baby romaine, baby head lettuces, baby leaf lettuces and more.

Basically these are immature versions of the traditional lettuce varieties picked at an earlier stage to be more tender and delicate. They can be lighter in color than traditional lettuces because they're at an earlier stage of development when harvested. Baby lettuce is available year-round.

Characteristics

- **Commodity:** Baby Vegetables
- **Category:** Specialties
- **Flesh:** Tender and delicate
- **Flavor:** Buttery to earthy to bitter
- **Size:** Smaller than traditional lettuce
- **Color:**

Generally lighter green than more mature lettuces; red varieties are often maroon red

- **Shape:**

Miniature versions of their traditional

lettuce counterparts

- **Served Raw:** Yes
- **Availability:** Year-round
- **Additional Notes:**

Photo courtesy World Variety Produce

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The Produce Market Guide (PMG) is a resource for produce commodity information, fresh trends and data analysis. PMG is a product of The Packer, the fresh fruit and vegetable industry's leading source for news, information and analysis.

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